



ARMY PUBLIC HEALTH NURSING

TOBACCO CESSATION PROGRAM

The Tobacco Cessation Program consists of four weekly sessions each month. Each class is approximately 1 hour.

When: Tuesdays at 1400

Where: LAHC Rm V-117



***Classes must be taken in succession. If you miss the first session, you must start the next month.

<u>FEBRUARY</u>	<u>MARCH</u>	<u>APRIL</u>
2nd	1st	5th
9th	8th	12th
16th	15th	19th
23rd	22nd	26th

Lyster Army Health
Clinic
Preventive
Medicine
301 Andrews Avenue

Phone: 334-255-7930

Fax: 334-255-7663

Make Tobacco
HIST  **ORY**

Ending the epidemic for good.